

January 2008

Major to Minor

Vhi Healthcare brings the best health support services to our members – and it's all part of your cover.



The simple stuff

- Need some information about a particular health topic?
- Want to lose weight, give up smoking, start an exercise programme or find out about an illness?
- Need an SMS reminder to take your medication?

Then just log onto www.vhi.ie and you can find out about a wide range of health and well-being topics, register for a host of member-only services and gain access to a choice of practical supports.

It's all part of your cover

Got a question that doesn't need a trip to your doctor?

Then ring Vhi Healthcare's NurseLine 24/7 on **1850 247 724** and talk to a qualified nurse – at any time of the day or night, 365 days a year with any medical query you may have.

It's all part of your cover



Having your first baby?

If you'd like to register with your own personal midwife who will ring you at agreed intervals throughout your pregnancy and provide one-to-one support and help, then just register with NurseLine 24/7 on **1850 247 724**.

It's all part of your cover

Going to hospital for tests or an operation?

- > Want to know more?
- > Wondering what will happen?
- > Worried about what something means?
- > Curious about what questions to ask?

Then call NurseLine 24/7 on **1850 247 724** to talk to one of our nurses who will provide you with expert personal support and assistance, answering your questions, telling you what to expect and being there for you all the way through to recovery.

It's all part of your cover

Concerned about your illness or treatment – you or your consultant would like a second opinion?

If you're suffering from a serious medical condition about which you're concerned, ring **NurseLine 24/7** and we may be able to organise a second opinion for you through **Best Doctors®**.

Best Doctors® is an international company which has a unique worldwide database of 50,000 medical specialists in more than 400 medical subspecialties. The service offers authoritative clinical information on many specific medical conditions.

With the consent of your Consultant, your medical records are sent for review. Using their database, the **Best Doctors®** service identifies their most appropriate specialist for your particular condition and a report based on a review of your medical records is returned to you and your Doctor.

It's all part of your cover

Please note that information provided by **NurseLine 24/7** is for general, non-diagnostic purposes only. The service is not a substitute for the professional medical advice provided by your doctor.

Please note also that information supplied by **Best Doctors®** is provided based on clearly defined criteria which will be explained fully to you when you decide to avail of the service.

All of these services are available to **Vhi Healthcare** members who hold any of our hospital **Plans A-E, A-C Option and LifeStage Choices Plans**.

And relax – they don't cost a cent more because **it's all part of your cover**.

Vhi Healthcare brings the best health support services to our members – and it's all part of your cover.

Vhi Healthcare is here not just to help to pay your medical bills: There is also a whole range of support services available to you whenever you need them.

For everything from day-to-day health queries through to support throughout a medical event, Vhi Healthcare will be there to give you all the information, support and practical help you need along the way.

So, on top of the best health insurance available, you also get the best health support service for all your health issues – from minor to major - just one phone call or mouse-click away, and it's all part of your cover.



Voluntary Health Insurance Board

An Bord Árachais Sláinte Shaorálaigh

- > **Postal Address:** IDA Business Park, Purcellsinch,
Dublin Road, Kilkenny.
- > **Telephone Number:** CallSave 1850 44 44 44
Lines open: 8am – 8pm Monday – Friday
9am – 2pm Saturday
- > **Website:** www.vhi.ie
E-mail: info@vhi.ie



Dublin	Vhi House, Lower Abbey Street, Dublin 1. Fax (01) 799 4091
Cork	Vhi House, 70 South Mall, Cork. Fax (021) 427 7901
Dun Laoghaire	35/36 Lower George's Street, Dun Laoghaire, Co. Dublin. Fax (01) 619 7456
Galway	Vhi House, 10 Eyre Square, Galway. Fax (091) 564 307
Kilkenny	IDA Business Park, Purcellsinch, Dublin Road, Kilkenny. Fax (056) 776 1741
Limerick	Gardner House, Charlotte Quay, Limerick. Fax (061) 310 361